

6

# Train times

19 May 2019 – 29 June 2019

## Carlisle to Preston and Manchester via Cumbrian Coast and Windermere - Manchester Airport



This timetable shows the complete train service between **Carlisle** and **Barrow/Preston** via the **Cumbrian Coast** and through trains to **Manchester Airport**. Trains between **Windermere** and **Manchester Airport** are also featured in this timetable.

## How to read this timetable



Look down the left hand column for your departure station. Read across until you find a suitable departure time. Read down the column to find the arrival time at your destination. Through services are shown in bold type (this means you won't have to change trains). Connecting services are shown in light type. If you travel on a connecting service, change at the next station shown in bold or if you arrive on a connecting service, change at the last station shown in bold, unless a footnote advises otherwise.

## Minimum connection times



All stations have a minimum connection time of 5 minutes unless stated. Carlisle 8 minutes, Lancaster 6 minutes and Manchester Piccadilly 10 minutes.

## Community Rail Partnerships and community groups



We support a number of active community rail partnerships (CRPs) across our network. CRPs bring together local communities and the rail industry to deliver benefits to both, and encourage use of the lines they represent.

**Cumbrian Coast Community Rail Partnership**  
**Furness Line Community Rail Partnership**  
**Lakes Line Community Rail Partnership**  
**[www.communityrailcumbria.co.uk](http://www.communityrailcumbria.co.uk)**

Some stations on this route are adopted by local community groups. For more information visit **[northernrailway.co.uk/community](http://northernrailway.co.uk/community)**

## Planning your journey



### National Rail Enquiries

For full details of all train times, fares and rail travel information anywhere on the national rail network, call **03457 48 49 50**, or visit **[nationalrail.co.uk](http://nationalrail.co.uk)**

### TrainTracker™

For up to date travel information and live departures direct to your mobile, text your station **name** or **location code** to **8 49 50**.

Customers with disabilities or restricted mobility are encouraged to contact our **Customer Experience Centre** who will book assistance for you.

Call: **0800 138 5560**

Textphone: **0800 138 5561**

Email: **[assistance@northernrailway.co.uk](mailto:assistance@northernrailway.co.uk)**

## Improving our railway



Engineering work to help improve our services sometimes affects trains, particularly at weekends and bank holidays.

Visit: **[northernrailway.co.uk/improvements](http://northernrailway.co.uk/improvements)** or call National Rail Enquiries: **03457 48 49 50** to check before you travel.

## Delay Repay



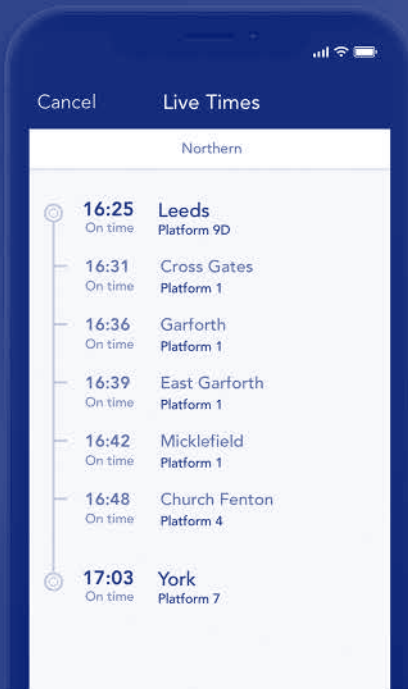
You can claim Delay Repay if one of our trains is late or cancelled and as a result you get to your destination station later than scheduled, whether it is our fault or not.

Visit **[northernrailway.co.uk/delayrepay](http://northernrailway.co.uk/delayrepay)** for more information.

Whilst every care has been taken to ensure the accuracy of the information contained in this timetable, we can accept no liability for any inaccuracies, and reserve the right to change information without further notice. Visit our website for the most up to date timetables and check before you travel.

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# Carlisle - Barrow - Lancaster

## Mondays to Fridays until 28 June

Carlisle	d	-	-	-	-	-	-	-	-	0553	-
Dalston		-	-	-	-	-	-	-	-	0602	-
Wigton		-	-	-	-	-	-	-	-	0611	-
Aspatria		-	-	-	-	-	-	-	-	0622	-
Maryport		-	-	-	-	-	-	0548	-	0633	-
Flimby		-	-	-	-	-	-	05x51	-	06x36	-
Workington		-	-	-	-	-	-	0558	-	0644	-
Harrington		-	-	-	-	-	-	0602	-	0648	-
Parton		-	-	-	-	-	-	06x11	-	06x57	-
Whitehaven	a	-	-	-	-	-	-	0616	-	0702	-
Whitehaven	d	-	-	-	-	-	-	0618	-	0704	-
Corkickle		-	-	-	-	-	-	0620	-	0706	-
St. Bees		-	-	-	-	-	-	0626	-	0712	-
Nethertown		-	-	-	-	-	-	06x30	-	-	-
Braystones		-	-	-	-	-	-	06x33	-	-	-
Sellafield		-	-	-	-	-	-	0639	-	0724	-
Seascale		-	-	-	-	-	-	0643	-	0728	-
Drigg		-	-	-	-	-	-	06x46	-	07x31	-
Ravenglass		-	-	-	-	-	-	0650	-	0734	-
Bootle		-	-	-	-	-	-	06x55	-	07x40	-
Silecroft		-	-	-	-	-	-	07x02	-	07x46	-
Millom	a	-	-	-	-	-	-	0708	-	0753	-
Millom	d	-	-	-	0610	-	-	0709	-	0753	-
Green Road		-	-	-	06x14	-	-	07x13	-	07x57	-
Foxfield		-	-	-	0618	-	-	0717	-	0801	-
Kirkby-in-Furness		-	-	-	06x22	-	-	07x21	-	08x05	-
Askam		-	-	-	0627	-	-	0726	-	0811	-
Barrow-in-Furness	a	-	-	-	0641	-	-	0741	-	0826	-
Barrow-in-Furness	d	0453	0548	0611	-	0647	0708	-	0746	-	0846
Roose		-	0552	0615	-	0651	0712	-	0750	-	0850
Dalton		-	0558	0621	-	0657	0718	-	0756	-	0856
Ulverston		0509	0606	0630	-	0705	0727	-	0805	-	0904
Cark		-	0614	0637	-	0713	0734	-	0812	-	0912
Kents Bank		-	0618	0641	-	-	0738	-	-	-	0916
Grange-over-Sands		0521	0622	0645	-	0720	0742	-	0819	-	0920
Arnside		0527	0627	0651	-	0725	0749	-	0825	-	0925
Silverdale		-	0632	0656	-	0730	0754	-	0830	-	0930
Carnforth		0537	0640	0703	-	0737	0801	-	0837	-	0939
Lancaster	a	0545	0649	0715	-	0745	0812	-	0846	-	0947
	d	0546	0649	0723	-	0746	0828	-	0857	-	0947
Preston	a	0607	0710	0740	-	0806	0846	-	0915	-	1008
Manchester Oxford Road	a	0712	0757	0820	-	0855	0920	-	1011c	-	1054
Manchester Piccadilly	a	0715	0801	0824	-	0859	0924	-	1015c	-	1058
Manchester Airport	a	0732	0822	0843	-	0921	0945	-	1032c	-	1121

### Notes

c Change at Lancaster and Preston.

x Stops on request.

# Carlisle - Barrow - Lancaster

## Mondays to Fridays until 28 June

Carlisle	d	0619	0710	0808	-	0902	-	1013	1107	-	1210
Dalston		0627	0719	0816	-	0910	-	1022	1115	-	1218
Wigton		0636	0731	0826	-	0920	-	1031	1125	-	1227
Aspatria		0648	0742	0836	-	0930	-	1042	1135	-	1238
Maryport		0659	0755	0848	-	0941	-	1053	1146	-	1249
Flimby		07x02	07x58	08x51	-	09x44	-	10x56	11x49	-	12x52
Workington		0710	0806	0858	-	0952	-	1103	1157	-	1259
Harrington		0714	0810	0902	-	0956	-	1107	1201	-	1303
Parton		07x24	08x18	09x11	-	10x05	-	11x16	12x09	-	13x12
Whitehaven	a	0729	0824	0916	-	1010	-	1121	1215	-	1317
Whitehaven	d	0730	0825	0918	-	1012	-	1123	1216	-	1319
Corkickle		0733	0828	0920	-	1014	-	1125	1219	-	1321
St. Bees		0739	0834	0928	-	1020	-	1133	1228	-	1329
Nethertown		-	-	-	-	-	-	11x37	-	-	-
Braystones		-	-	-	-	-	-	11x40	-	-	-
Sellafield		0750	0844	0939	-	1031	-	1145	1238	-	1340
Seascale		0754	0848	0942	-	1035	-	1149	1242	-	1343
Drigg		07x57	08x51	09x45	-	10x38	-	11x52	12x45	-	13x46
Ravenglass		0801	0854	0949	-	1042	-	1155	1248	-	1350
Bootle		08x07	09x00	09x54	-	10x47	-	12x01	12x54	-	13x56
Silecroft		08x13	09x06	10x01	-	10x54	-	12x07	13x00	-	14x02
Millom	a	0820	0913	1007	-	1100	-	1214	1307	-	1409
Millom	d	0820	0914	1008	-	1101	-	1214	1307	-	1409
Green Road		08x24	09x18	10x12	-	11x05	-	12x18	13x11	-	14x13
Foxfield		0828	0922	1016	-	1109	-	1222	1315	-	1417
Kirkby-in-Furness		08x32	09x26	10x20	-	11x13	-	12x26	13x19	-	14x21
Askam		0838	0931	1025	-	1118	-	1231	1324	-	1426
Barrow-in-Furness	a	0853	0947	1040	-	1135	-	1246	1339	-	1441
Barrow-in-Furness	d	-	0958	-	1046	-	1146	1250	-	1353	-
Roose		-	1002	-	1050	-	1150	1254	-	-	-
Dalton		-	1008	-	1056	-	1156	1300	-	-	-
Ulverston		-	1017	-	1104	-	1204	1308	-	1409	-
Cark		-	1024	-	1112	-	1212	1316	-	-	-
Kents Bank		-	1028	-	1116	-	1216	1320	-	-	-
Grange-over-Sands		-	1032	-	1120	-	1220	1324	-	1421	-
Arnside		-	1039	-	1125	-	1225	1330	-	1427	-
Silverdale		-	1043	-	1130	-	1230	1335	-	-	-
Carnforth		-	1056	-	1137	-	1237	1342	-	1437	-
Lancaster	a	-	1107	-	1145	-	1245	1353	-	1446	-
Lancaster	d	-	1128	-	1228	-	1246	1428	-	1457	-
Preston	a	-	1146	-	1245	-	1306	1445	-	1515	-
Manchester Oxford Road	a	-	1220	-	1320	-	1354	1519	-	1611c	-
Manchester Piccadilly	a	-	1224	-	1324	-	1358	1524	-	1615c	-
Manchester Airport	a	-	1243	-	1343	-	1421	1543	-	1632c	-

### Notes

c Change at Lancaster and Preston.

x Stops on request.

# Carlisle - Barrow - Lancaster

## Mondays to Fridays until 28 June

Carlisle	d	-	1307	1408	-	1441	-	1512	-	-	-
Dalston		-	1315	1416	-	1449	-	1520	-	-	-
Wigton		-	1325	1426	-	1458	-	1530	-	-	-
Aspatria		-	1335	1436	-	1509	-	1540	-	-	-
Maryport		-	1346	1447	-	1520	-	1551	-	-	-
Flimby		-	13x49	14x50	-	15x23	-	15x54	-	-	-
Workington		-	1357	1458	-	1530	-	1602	-	-	-
Harrington		-	1401	1502	-	1534	-	1606	-	-	-
Parton		-	14x09	15x10	-	15x43	-	16x14	-	-	-
Whitehaven	a	-	1415	1516	-	1548	-	1620	-	-	-
Whitehaven	d	-	1416	1517	-	1550	-	1621	-	-	-
Corkickle		-	1419	1520	-	1553	-	1624	-	-	-
St. Bees		-	1430	1526	-	1559	-	1630	-	-	-
Nethertown		-	-	-	-	16x03	-	-	-	-	-
Braystones		-	-	-	-	16x05	-	-	-	-	-
Sellafield		-	1441	1537	-	1611	-	1641	-	1725	-
Seascale		-	1444	1541	-	1615	-	1644	-	1728	-
Drigg		-	14x47	15x44	-	16x18	-	16x48	-	17x31	-
Ravenglass		-	1451	1548	-	1622	-	1651	-	1735	-
Bootle		-	14x56	15x53	-	16x28	-	16x57	-	17x41	-
Silecroft		-	15x03	16x00	-	16x35	-	17x04	-	17x47	-
Millom	a	-	1509	1606	-	1641	-	1711	-	1754	-
Millom	d	-	1511	1607	-	1642	-	1712	-	1754	-
Green Road		-	15x15	16x11	-	16x46	-	17x16	-	17x58	-
Foxfield		-	1519	1615	-	1650	-	1720	-	1802	-
Kirkby-in-Furness		-	15x23	16x19	-	16x55	-	17x25	-	18x06	-
Askam		-	1528	1624	-	1700	-	1730	-	1811	-
Barrow-in-Furness	a	-	1543	1639	-	1714	-	1745	-	1826	-
Barrow-in-Furness	d	1446	1550	-	1645	-	1719	-	1804	-	1855
Roose		1450	1554	-	1649	-	1723	-	1808	-	1859
Dalton		1456	1600	-	1656	-	1729	-	1814	-	1905
Ulverston		1504	1608	-	1704	-	1737	-	1823	-	1913
Cark		1512	1616	-	1712	-	1745	-	1830	-	1921
Kents Bank		1516	1620	-	1716	-	-	-	1834	-	1925
Grange-over-Sands		1520	1624	-	1720	-	1752	-	1838	-	1929
Arnsdale		1525	1630	-	1725	-	1758	-	1844	-	1935
Silverdale		1530	1635	-	1730	-	1803	-	1849	-	1940
Carnforth		1537	1642	-	1737	-	1810	-	1856	-	1947
Lancaster	a	1545	1652	-	1746	-	1824	-	1906	-	1955
Lancaster	d	1546	1658	-	1828	-	1844	-	1928	-	1956
Preston	a	1606	1715	-	1846	-	1903	-	1946	-	2019
Manchester Oxford Road	a	1654	-	-	1922	-	-	-	2020	-	2119
Manchester Piccadilly	a	1658	-	-	1927	-	-	-	2024	-	2124
Manchester Airport	a	1721	-	-	1945	-	-	-	2039	-	2142

### Notes

x Stops on request.

# Carlisle - Barrow - Lancaster

## Mondays to Fridays until 28 June

Carlisle	d	1559	1707	-	1754	-	-	1846	1909	-	2055
Dalston		1607	1715	-	1802	-	-	1854	1917	-	2103
Wigton		1617	1725	-	1812	-	-	1904	1927	-	2113
Aspatria		1627	1735	-	1822	-	-	1914	1937	-	2123
Maryport		1638	1746	-	1833	-	-	1925	1948	-	2134
Flimby		16x41	17x49	-	18x36	-	-	19x28	19x51	-	21x37
Workington		1648	1757	-	1844	-	-	1936	1959	-	2145
Harrington		1652	1801	-	1848	-	-	1940	2003	-	2149
Parton		17x01	18x09	-	18x56	-	-	19x49	20x11	-	21x57
Whitehaven	a	1708	1816	-	1902	-	-	1956	2016	-	2204
Whitehaven	d	-	1818	-	1903	-	-	-	2018	-	-
Corkickle		-	1820	-	1906	-	-	-	2020	-	-
St. Bees		-	1827	-	1914	-	-	-	2028	-	-
Nethertown		-	18x31	-	-	-	-	-	20x32	-	-
Braystones		-	18x34	-	-	-	-	-	20x34	-	-
Sellafield		-	1840	-	1928	-	-	-	2040	-	-
Seascale		-	1843	-	1932	-	-	-	2044	-	-
Drigg		-	-	-	19x35	-	-	-	20x47	-	-
Ravenglass		-	1849	-	1939	-	-	-	2050	-	-
Bootle		-	-	-	19x45	-	-	-	20x56	-	-
Silecroft		-	-	-	19x51	-	-	-	21x02	-	-
Millom	a	-	1905	-	1958	-	-	-	2109	-	-
Millom	d	-	1905	-	2001	-	2029	-	2109	2200	-
Green Road		-	19x09	-	20x05	-	20x33	-	21x13	22x04	-
Foxfield		-	1913	-	2009	-	2037	-	2117	2208	-
Kirkby-in-Furness		-	19x17	-	20x13	-	20x41	-	21x21	22x12	-
Askam		-	1922	-	2019	-	2046	-	2126	2217	-
Barrow-in-Furness	a	-	1937	-	2036	-	2101	-	2142	2231	-
Barrow-in-Furness	d	-	-	1943	-	2042	-	-	2145	-	-
Roose		-	-	1947	-	2046	-	-	2149	-	-
Dalton		-	-	1953	-	2052	-	-	2155	-	-
Ulverston		-	-	2002	-	2101	-	-	2204	-	-
Cark		-	-	2009	-	2108	-	-	2211	-	-
Kents Bank		-	-	2013	-	2112	-	-	2215	-	-
Grange-over-Sands		-	-	2017	-	2116	-	-	2219	-	-
Arnside		-	-	2023	-	2122	-	-	2226	-	-
Silverdale		-	-	2028	-	2127	-	-	2230	-	-
Carnforth		-	-	2035	-	2134	-	-	2238	-	-
Lancaster	a	-	-	2043	-	2146	-	-	2247	-	-
Lancaster	d	-	-	2044	-	2219	-	-	2303	-	-
Preston	a	-	-	2104	-	2237	-	-	2324	-	-
Manchester Oxford Road	a	-	-	2142	-	2339c	-	-	-	-	-
Manchester Piccadilly	a	-	-	2147	-	2347c	-	-	-	-	-
Manchester Airport	a	-	-	2205	-	-	-	-	-	-	-

### Notes

c Change at Lancaster and Preston.

x Stops on request.



# Carlisle - Barrow - Lancaster

## Mondays to Fridays until 28 June

Carlisle	d	2201	-	-	-	-	-	-	-	-	-
Dalston		2209	-	-	-	-	-	-	-	-	-
Wigton		2219	-	-	-	-	-	-	-	-	-
Aspatria		2229	-	-	-	-	-	-	-	-	-
Maryport		2241	-	-	-	-	-	-	-	-	-
Flimby		22x44	-	-	-	-	-	-	-	-	-
Workington		2251	-	-	-	-	-	-	-	-	-
Harrington		2255	-	-	-	-	-	-	-	-	-
Parton		23x04	-	-	-	-	-	-	-	-	-
Whitehaven	a	2310	-	-	-	-	-	-	-	-	-
Whitehaven	d		-	-	-	-	-	-	-	-	-
Corkickle			-	-	-	-	-	-	-	-	-
St. Bees			-	-	-	-	-	-	-	-	-
Nethertown			-	-	-	-	-	-	-	-	-
Braystones			-	-	-	-	-	-	-	-	-
Sellafield			-	-	-	-	-	-	-	-	-
Seascale			-	-	-	-	-	-	-	-	-
Drigg			-	-	-	-	-	-	-	-	-
Ravenglass			-	-	-	-	-	-	-	-	-
Bootle			-	-	-	-	-	-	-	-	-
Silecroft			-	-	-	-	-	-	-	-	-
Millom	a		-	-	-	-	-	-	-	-	-
Millom	d		-	-	-	-	-	-	-	-	-
Green Road			-	-	-	-	-	-	-	-	-
Foxfield			-	-	-	-	-	-	-	-	-
Kirkby-in-Furness			-	-	-	-	-	-	-	-	-
Askam			-	-	-	-	-	-	-	-	-
Barrow-in-Furness	a		-	-	-	-	-	-	-	-	-
Barrow-in-Furness	d		-	-	-	-	-	-	-	-	-
Roose			-	-	-	-	-	-	-	-	-
Dalton			-	-	-	-	-	-	-	-	-
Ulverston			-	-	-	-	-	-	-	-	-
Cark			-	-	-	-	-	-	-	-	-
Kents Bank			-	-	-	-	-	-	-	-	-
Grange-over-Sands			-	-	-	-	-	-	-	-	-
Arnside			-	-	-	-	-	-	-	-	-
Silverdale			-	-	-	-	-	-	-	-	-
Carnforth			-	-	-	-	-	-	-	-	-
Lancaster	a		-	-	-	-	-	-	-	-	-
Lancaster	d		-	-	-	-	-	-	-	-	-
Preston	a		-	-	-	-	-	-	-	-	-
Manchester Oxford Road	a		-	-	-	-	-	-	-	-	-
Manchester Piccadilly	a		-	-	-	-	-	-	-	-	-
Manchester Airport	a		-	-	-	-	-	-	-	-	-

### Notes

x Stops on request.

# Carlisle - Barrow - Lancaster

## Saturdays until 29 June

Carlisle	d	-	-	-	-	-	-	-	0553	-	
Dalston		-	-	-	-	-	-	-	0602	-	
Wigton		-	-	-	-	-	-	-	0611	-	
Aspatria		-	-	-	-	-	-	-	0622	-	
Maryport		-	-	-	-	-	0548	-	0633	-	
Flimby		-	-	-	-	-	05x51	-	06x36	-	
Workington		-	-	-	-	-	0558	-	0644	-	
Harrington		-	-	-	-	-	0602	-	0648	-	
Parton		-	-	-	-	-	06x11	-	06x57	-	
Whitehaven	a	-	-	-	-	-	0616	-	0702	-	
Whitehaven	d	-	-	-	-	-	0618	-	0704	-	
Corkickle		-	-	-	-	-	0620	-	0706	-	
St. Bees		-	-	-	-	-	0626	-	0712	-	
Nethertown		-	-	-	-	-	06x30	-	-	-	
Braystones		-	-	-	-	-	06x33	-	-	-	
Sellafield		-	-	-	-	-	0639	-	0724	-	
Seascale		-	-	-	-	-	0643	-	0728	-	
Drigg		-	-	-	-	-	06x46	-	07x31	-	
Ravenglass		-	-	-	-	-	0650	-	0734	-	
Bootle		-	-	-	-	-	06x55	-	07x40	-	
Silecroft		-	-	-	-	-	07x02	-	07x46	-	
Millom	a	-	-	-	-	-	0708	-	0753	-	
Millom	d	-	-	-	0610	-	0709	-	0753	-	
Green Road		-	-	-	06x14	-	07x13	-	07x57	-	
Foxfield		-	-	-	0618	-	0717	-	0801	-	
Kirkby-in-Furness		-	-	-	06x22	-	07x21	-	08x05	-	
Askam		-	-	-	0627	-	0726	-	0811	-	
Barrow-in-Furness	a	-	-	-	0641	-	0741	-	0826	-	
Barrow-in-Furness	d	0453	0548	0611	-	0647	0708	-	0746	-	0846
Roose		-	0552	0615	-	0651	0712	-	0750	-	0850
Dalton		-	0558	0621	-	0657	0718	-	0756	-	0856
Ulverston		0509	0606	0630	-	0705	0727	-	0805	-	0904
Cark		-	0614	0637	-	0713	0734	-	0812	-	0912
Kents Bank		-	0618	0641	-	-	0738	-	-	-	0916
Grange-over-Sands		0521	0622	0645	-	0720	0742	-	0819	-	0920
Arnside		0527	0627	0651	-	0725	0749	-	0825	-	0925
Silverdale		-	0632	0656	-	0730	0754	-	0830	-	0930
Carnforth		0537	0641	0703	-	0737	0801	-	0837	-	0939
Lancaster	a	0545	0650	0715	-	0745	0812	-	0846	-	0947
Lancaster	d	0546	0650	0723	-	0746	0828	-	0857	-	0947
Preston	a	0608	0711	0740	-	0806	0846	-	0915	-	1008
Manchester Oxford Road	a	-	0757	0820	-	0855	0920	-	1011c	-	1054
Manchester Piccadilly	a	-	0801	0824	-	0859	0924	-	1015c	-	1058
Manchester Airport	a	-	0822	0843	-	0921	0943	-	1032c	-	1121

### Notes

c Change at Lancaster and Preston.

x Stops on request.

# Carlisle - Barrow - Lancaster

## Saturdays until 29 June

Carlisle	d	0616	0710	0815	-	0908	-	1013	1107	-	1210
Dalston		0624	0719	-	-	0916	-	1022	1115	-	1218
Wigton		0635	0731	0832	-	0926	-	1031	1125	-	1227
Aspatria		0646	0742	-	-	0936	-	1042	1135	-	1238
Maryport		0659	0755	0853	-	0947	-	1053	1146	-	1249
Flimby		07x02	07x58	-	-	09x50	-	10x56	11x49	-	12x52
Workington		0710	0806	0903	-	0958	-	1103	1157	-	1259
Harrington		0714	0810	-	-	1002	-	1107	1201	-	1303
Parton		07x24	08x18	-	-	10x10	-	11x16	12x09	-	13x12
Whitehaven	a	0729	0824	0920	-	1016	-	1121	1215	-	1317
Whitehaven	d	0730	0825	0921	-	1017	-	1123	1216	-	1319
Corkickle		0733	0828	0924	-	1020	-	1125	1219	-	1321
St. Bees		0739	0834	0932	-	1026	-	1133	1228	-	1329
Nethertown		-	-	-	-	-	-	11x37	12x32	-	-
Braystones		-	-	-	-	-	-	11x40	12x34	-	-
Sellafield		0750	0844	0942	-	1037	-	1145	1240	-	1340
Seascale		0754	0848	0945	-	1041	-	1149	1244	-	1343
Drigg		07x57	08x51	09x48	-	10x44	-	11x52	12x47	-	13x46
Ravenglass		0801	0854	0952	-	1048	-	1155	1250	-	1350
Bootle		08x07	09x00	09x57	-	10x53	-	12x01	12x56	-	13x56
Silecroft		08x13	09x06	10x04	-	11x00	-	12x07	13x02	-	14x02
Millom	a	0820	0913	1010	-	1106	-	1214	1309	-	1409
Millom	d	0820	0914	1010	-	1107	-	1214	1309	-	1409
Green Road		08x24	09x18	-	-	11x11	-	12x18	13x13	-	14x13
Foxfield		0828	0922	1018	-	1115	-	1222	1317	-	1417
Kirkby-in-Furness		08x32	09x26	10x22	-	11x19	-	12x26	13x21	-	14x21
Askam		0838	0931	1027	-	1124	-	1231	1326	-	1426
Barrow-in-Furness	a	0853	0947	1041	-	1139	-	1246	1341	-	1441
Barrow-in-Furness	d	-	0958	-	1046	-	1146	1250	-	1353	-
Roose		-	1002	-	1050	-	1150	1254	-	-	-
Dalton		-	1008	-	1056	-	1156	1300	-	-	-
Ulverston		-	1017	-	1104	-	1204	1308	-	1409	-
Cark		-	1024	-	1112	-	1212	1316	-	-	-
Kents Bank		-	1028	-	1116	-	1216	1320	-	-	-
Grange-over-Sands		-	1032	-	1120	-	1220	1324	-	1421	-
Arnsdale		-	1039	-	1125	-	1225	1330	-	1427	-
Silverdale		-	1043	-	1130	-	1230	1335	-	-	-
Carnforth		-	1056	-	1137	-	1237	1342	-	1437	-
Lancaster	a	-	1107	-	1145	-	1245	1353	-	1446	-
Lancaster	d	-	1127	-	1228	-	1246	1428	-	1529	-
Preston	a	-	1145	-	1245	-	1306	1446	-	1546	-
Manchester Oxford Road	a	-	1220	-	1320	-	1354	1519	-	1620	-
Manchester Piccadilly	a	-	1224	-	1324	-	1358	1524	-	1624	-
Manchester Airport	a	-	1243	-	1343	-	1421	1543	-	1643	-

### Notes

x Stops on request.

# Carlisle - Barrow - Lancaster

## Saturdays until 29 June

Carlisle	d	-	1307	1408	-	1441	-	1512	-	1626	-
Dalston		-	1315	1416	-	1449	-	1520	-	1634	-
Wigton		-	1325	1426	-	1458	-	1530	-	1644	-
Aspatria		-	1335	1436	-	1509	-	1540	-	1654	-
Maryport		-	1346	1447	-	1520	-	1551	-	1705	-
Flimby		-	13x49	14x50	-	15x23	-	15x54	-	17x08	-
Workington		-	1357	1458	-	1530	-	1602	-	1715	-
Harrington		-	1401	1502	-	1534	-	1606	-	1720	-
Parton		-	14x09	15x10	-	15x43	-	16x14	-	17x29	-
Whitehaven	a	-	1415	1516	-	1548	-	1620	-	1735	-
Whitehaven	d	-	1416	1517	-	1550	-	1621	-	1736	-
Corkickle		-	1419	1520	-	1553	-	1624	-	1739	-
St. Bees		-	1430	1526	-	1559	-	1630	-	1744	-
Nethertown		-	-	-	-	16x03	-	-	-	-	-
Braystones		-	-	-	-	16x05	-	-	-	-	-
Sellafield		-	1441	1537	-	1611	-	1641	-	1755	-
Seascale		-	1444	1541	-	1615	-	1644	-	1758	-
Drigg		-	14x47	15x44	-	16x18	-	16x48	-	18x01	-
Ravenglass		-	1451	1548	-	1622	-	1651	-	1805	-
Bootle		-	14x56	15x53	-	16x28	-	16x57	-	18x11	-
Silecroft		-	15x03	16x00	-	16x35	-	17x04	-	18x17	-
Millom	a	-	1509	1606	-	1641	-	1711	-	1824	-
Millom	d	-	1511	1607	-	1642	-	1712	-	1825	-
Green Road		-	15x15	16x11	-	16x46	-	17x16	-	18x29	-
Foxfield		-	1519	1615	-	1650	-	1720	-	1833	-
Kirkby-in-Furness		-	15x23	16x19	-	16x55	-	17x25	-	18x37	-
Askam		-	1528	1624	-	1700	-	1730	-	1842	-
Barrow-in-Furness	a	-	1543	1639	-	1714	-	1745	-	1857	-
Barrow-in-Furness	d	1446	1550	-	1645	-	1719	-	1804	-	1903
Roose		1450	1554	-	1649	-	1723	-	1808	-	1907
Dalton		1456	1600	-	1656	-	1729	-	1814	-	1913
Ulverston		1504	1608	-	1704	-	1737	-	1823	-	1921
Cark		1512	1616	-	1712	-	1745	-	1830	-	1929
Kents Bank		1516	1620	-	1716	-	-	-	1834	-	1933
Grange-over-Sands		1520	1624	-	1720	-	1752	-	1838	-	1937
Arnsdale		1525	1630	-	1725	-	1758	-	1844	-	1943
Silverdale		1530	1635	-	1730	-	1803	-	1849	-	1947
Carnforth		1537	1642	-	1737	-	1810	-	1856	-	1955
Lancaster	a	1545	1652	-	1745	-	1824	-	1906	-	2003
Lancaster	d	1546	1728	-	1828	-	1841	-	1927	-	2003
Preston	a	1606	1746	-	1846	-	1900	-	1946	-	2026
Manchester Oxford Road	a	1654	1819	-	1919	-	-	-	2020	-	2119
Manchester Piccadilly	a	1658	1823	-	1924	-	-	-	2024	-	2124
Manchester Airport	a	1721	1846	-	1945	-	-	-	2039	-	2142

### Notes

x Stops on request.

# Carlisle - Barrow - Lancaster

## Saturdays until 29 June

				S	T		Ⓢ	S	T
Carlisle	d	-	1707 1754	-	-	-	1846 1909	-	-
Dalston	-	1715 1802	-	-	-	-	1854 1917	-	-
Wigton	-	1725 1812	-	-	-	-	1904 1927	-	-
Aspatria	-	1735 1822	-	-	-	-	1914 1937	-	-
Maryport	-	1746 1833	-	-	-	-	1925 1948	-	-
Flimby	-	17x49 18x36	-	-	-	-	19x28 19x51	-	-
Workington	-	1757 1844	-	-	-	-	1936 1959	-	-
Harrington	-	1801 1848	-	-	-	-	1940 2003	-	-
Parton	-	18x09 18x56	-	-	-	-	19x49 20x11	-	-
Whitehaven	a	-	1816 1902	-	-	-	1956 2019	-	-
Whitehaven	d	-	1818 1903	-	-	-	2020	-	-
Corkickle	-	1820 1906	-	-	-	-	2023	-	-
St. Bees	-	1827 1914	-	-	-	-	2028	-	-
Nethertown	-	18x31 -	-	-	-	-	20x32	-	-
Braystones	-	18x34 -	-	-	-	-	20x35	-	-
Sellafield	-	1840 1928	-	-	-	-	2040	-	-
Seascale	-	1843 1932	-	-	-	-	2044	-	-
Drigg	-	- 19x35	-	-	-	-	20x47	-	-
Ravenglass	-	1849 1939	-	-	-	-	2050	-	-
Bootle	-	- 19x45	-	-	-	-	20x56	-	-
Silecroft	-	- 19x51	-	-	-	-	21x02	-	-
Millom	a	-	1905 1958	-	-	-	2109	-	-
Millom	d	-	1905 2001	-	-	2059	2109	-	-
Green Road	-	19x09 20x05	-	-	-	-	21x13	-	-
Foxfield	-	1913 2009	-	-	2106	-	2117	-	-
Kirkby-in-Furness	-	19x17 20x13	-	-	-	-	21x21	-	-
Askam	-	1922 2019	-	-	2115	-	2126	-	-
Barrow-in-Furness	a	-	1937 2036	-	-	2129	2141	-	-
Barrow-in-Furness	d	1934 - -	2042 2042	-	-	-	2146 2146		
Roose		1938 - -	2046 2046	-	-	-	2150 2150		
Dalton		1944 - -	2052 2052	-	-	-	2156 2156		
Ulverston		1953 - -	2101 2101	-	-	-	2204 2204		
Cark		2000 - -	2108 2108	-	-	-	2212 2212		
Kents Bank		2004 - -	2112 2112	-	-	-	2216 2216		
Grange-over-Sands		2008 - -	2116 2116	-	-	-	2220 2220		
Arnside		2014 - -	2122 2122	-	-	-	2226 2226		
Silverdale		2019 - -	2127 2127	-	-	-	2230 2230		
Carnforth		2026 - -	2134 2134	-	-	-	2238 2238		
Lancaster	a	2034 - -	2146 2142	-	-	-	2249 2245		
	d	2035 - -	- 2143	-	-	-	2255z 2246		
Preston	a	2056 - -	- 2205	-	-	-	2335z 2309		
Manchester Oxford Road	a	2142 - -	2320 2320	-	-	-	- -		
Manchester Piccadilly	a	2148 - -	2324 2324	-	-	-	- -		
Manchester Airport	a	2205 - -	2341 2341	-	-	-	- -		

### Notes

x Stops on request.

z Connection by bus.

S Until 15 June.

T 22 and 29 June.

Ⓢ Dry services – no alcohol permitted.

# Carlisle - Barrow - Lancaster

## Saturdays until 29 June

		Ⓣ	Ⓣ	Ⓣ						
Carlisle	d	-	2000	2106	2149	-	-	-	-	-
Dalston	-	-	2008	2114	2157	-	-	-	-	-
Wigton	-	-	2018	2124	2206	-	-	-	-	-
Aspatria	-	-	2028	2134	2217	-	-	-	-	-
Maryport	-	-	2039	2145	2227	-	-	-	-	-
Flimby	-	-	20x42	21x48	22x31	-	-	-	-	-
Workington	-	-	2050	2156	2237	-	-	-	-	-
Harrington	-	-	2054	2200	2241	-	-	-	-	-
Parton	-	-	21x02	22x08	22x51	-	-	-	-	-
Whitehaven	a	-	2109	2215	2257	-	-	-	-	-
Whitehaven	d	-	-	-	-	-	-	-	-	-
Corkickle	-	-	-	-	-	-	-	-	-	-
St. Bees	-	-	-	-	-	-	-	-	-	-
Nethertown	-	-	-	-	-	-	-	-	-	-
Braystones	-	-	-	-	-	-	-	-	-	-
Sellafield	-	-	-	-	-	-	-	-	-	-
Seascale	-	-	-	-	-	-	-	-	-	-
Drigg	-	-	-	-	-	-	-	-	-	-
Ravenglass	-	-	-	-	-	-	-	-	-	-
Bootle	-	-	-	-	-	-	-	-	-	-
Silecroft	-	-	-	-	-	-	-	-	-	-
Millom	a	-	-	-	-	-	-	-	-	-
Millom	d	2200	-	-	-	-	-	-	-	-
Green Road	-	22x04	-	-	-	-	-	-	-	-
Foxfield	-	2208	-	-	-	-	-	-	-	-
Kirkby-in-Furness	-	22x12	-	-	-	-	-	-	-	-
Askam	-	2217	-	-	-	-	-	-	-	-
Barrow-in-Furness	a	2231	-	-	-	-	-	-	-	-
Barrow-in-Furness	d	-	-	-	-	-	-	-	-	-
Roose	-	-	-	-	-	-	-	-	-	-
Dalton	-	-	-	-	-	-	-	-	-	-
Ulverston	-	-	-	-	-	-	-	-	-	-
Cark	-	-	-	-	-	-	-	-	-	-
Kents Bank	-	-	-	-	-	-	-	-	-	-
Grange-over-Sands	-	-	-	-	-	-	-	-	-	-
Arnsdale	-	-	-	-	-	-	-	-	-	-
Silverdale	-	-	-	-	-	-	-	-	-	-
Carnforth	-	-	-	-	-	-	-	-	-	-
Lancaster	a	-	-	-	-	-	-	-	-	-
Lancaster	d	-	-	-	-	-	-	-	-	-
Preston	a	-	-	-	-	-	-	-	-	-
Manchester Oxford Road	a	-	-	-	-	-	-	-	-	-
Manchester Piccadilly	a	-	-	-	-	-	-	-	-	-
Manchester Airport	a	-	-	-	-	-	-	-	-	-

### Notes

x Stops on request.

Ⓣ Dry services – no alcohol permitted.

# Carlisle - Barrow - Lancaster

## Sundays until 23 June

	Z	Y	Z					Y	Z
Carlisle	d	-	-	-	-	-	-	-	0945
Dalston	-	-	-	-	-	-	-	-	0953
Wigton	-	-	-	-	-	-	-	-	1002
Aspatria	-	-	-	-	-	-	-	-	1013
Maryport	-	-	-	-	-	0917	-	1024	1024
Flimby	-	-	-	-	-	09x20	-	-	-
Workington	-	-	-	-	-	0927	-	1033	1033
Harrington	-	-	-	-	-	0931	-	-	-
Parton	-	-	-	-	-	09x40	-	10x45	10x45
Whitehaven	a	-	-	-	-	0945	-	1050	1050
Whitehaven	d	-	-	-	-	0947	-	1051	1051
Corkickle	-	-	-	-	-	0949	-	1054	1054
St. Bees	-	-	-	-	-	0955	-	1059	1059
Nethertown	-	-	-	-	-	09x59	-	-	-
Braystones	-	-	-	-	-	10x01	-	-	-
Sellafield	-	-	-	-	-	1007	-	1109	1109
Seascale	-	-	-	-	-	1011	-	1113	1113
Drigg	-	-	-	-	-	10x14	-	11x16	11x16
Ravenglass	-	-	-	-	-	1017	-	1119	1119
Bootle	-	-	-	-	-	10x23	-	11x25	11x25
Silecroft	-	-	-	-	-	10x29	-	11x31	11x31
Millom	a	-	-	-	-	1036	-	1137	1137
Millom	d	-	-	-	0950	-	1036	-	1137 1137
Green Road	-	-	-	-	09x54	-	10x40	-	11x41 11x41
Foxfield	-	-	-	-	0958	-	1044	-	1145 1145
Kirkby-in-Furness	-	-	-	-	10x02	-	10x48	-	11x49 11x49
Askam	-	-	-	-	1007	-	1053	-	1154 1154
Barrow-in-Furness	a	-	-	-	1021	-	1108	-	1209 1209
Barrow-in-Furness	d	0840	0905	0905	0947	-	1047	-	1137 - -
Roose		0844	0909	-	0951	-	1051	-	1141 - -
Dalton		0850	0915	-	0957	-	1057	-	1147 - -
Ulverston		0858	0924	0922	1005	-	1106	-	1156 - -
Cark		0906	0931	-	1013	-	1113	-	1203 - -
Kents Bank		0910	0935	-	1017	-	1117	-	1207 - -
Grange-over-Sands		0914	0939	0934	1021	-	1121	-	1211 - -
Arnsdale		0920	0945	0940	1027	-	1127	-	1217 - -
Silverdale		0924	0950	-	1031	-	1132	-	1222 - -
Carnforth		0932	0957	0951	1039	-	1140	-	1229 - -
Lancaster	a	0940	1025	1001	1047	-	1148	-	1237 - -
Lancaster	d	0940	-	-	1047	-	1149	-	1238 - -
Preston	a	1002	-	-	1108	-	1209	-	1259 - -
Manchester Oxford Road	a	1055	-	-	1156	-	1252	-	1356 - -
Manchester Piccadilly	a	1101	-	-	1201	-	1256	-	1400 - -
Manchester Airport	a	1119	-	-	1223	-	1313	-	1417 - -

### Notes

x Stops on request.

Y Until 16 June.

Z 23 June only.

# Carlisle - Barrow - Lancaster

## Sundays until 23 June

		Z	Y								
Carlisle	d	1023	1041	1106	-	1207	-	1324	1401	-	1510
Dalston		1032	1049	1114	-	1215	-	1332	1409	-	1518
Wigton		1041	1058	1124	-	1225	-	1342	1419	-	1528
Aspatria		1052	1109	1134	-	1235	-	1352	1429	-	1538
Maryport		1103	1120	1145	-	1246	-	1403	1440	-	1549
Flimby		11x06	11x23	11x48	-	12x49	-	14x06	14x43	-	15x52
Workington		1113	1130	1156	-	1258	-	1414	1451	-	1600
Harrington		1117	1134	1200	-	1302	-	1418	1455	-	1604
Parton		11x26	11x43	12x08	-	1310	-	14x26	15x03	-	16x12
Whitehaven	a	1131	1148	1214	-	1316	-	1432	1508	-	1617
Whitehaven	d	1133	1150	1215	-	1318	-	1433	1510	-	1619
Corkickle		1135	1152	1218	-	1321	-	1436	1512	-	1622
St. Bees		1141	1158	1224	-	1327	-	1441	1518	-	1629
Nethertown		-	-	1228	-	-	-	-	-	-	16x33
Braystones		-	-	1230	-	-	-	-	-	-	16x35
Sellafield		1151	1208	1236	-	1337	-	1451	1528	-	1642
Seascale		1154	1211	1240	-	1340	-	1455	1532	-	1646
Drigg		11x57	12x14	12x43	-	13x43	-	-	15x35	-	16x49
Ravenglass		1201	1218	1246	-	1347	-	1501	1539	-	1652
Bootle		1206	12x23	12x52	-	13x52	-	-	1544	-	16x58
Silecroft		12x13	12x30	12x58	-	13x59	-	-	15x51	-	17x04
Millom	a	1219	1236	1305	-	1405	-	1516	1556	-	1711
Millom	d	1219	1236	1305	-	1406	-	1517	1556	-	1711
Green Road		12x23	12x40	13x09	-	14x10	-	-	16x00	-	17x15
Foxfield		1227	1244	1313	-	1414	-	1524	1604	-	1719
Kirkby-in-Furness		12x31	12x48	13x17	-	14x18	-	15x28	16x08	-	17x23
Askam		1236	1253	1322	-	1423	-	1533	1613	-	1728
Barrow-in-Furness	a	1251	1308	1337	-	1438	-	1548	1628	-	1743
Barrow-in-Furness	d	1253	1317	-	1347	-	1447	1550	-	1647	1746
Roose		1257	1321	-	1351	-	1451	1554	-	1651	1750
Dalton		1303	1327	-	1357	-	1457	1600	-	1657	1756
Ulverston		1311	1335	-	1405	-	1505	1608	-	1705	1805
Cark		-	-	-	1413	-	1513	1616	-	1713	1812
Kents Bank		-	-	-	1417	-	1517	1620	-	1717	1816
Grange-over-Sands		1324	1348	-	1421	-	1521	1624	-	1721	1820
Arnsdale		1330	1354	-	1427	-	1527	1630	-	1727	1827
Silverdale		1335	1359	-	1431	-	1531	1635	-	1731	1832
Carnforth		1342	1406	-	1439	-	1539	1642	-	1739	1841
Lancaster	a	1352	1419	-	1447	-	1547	1652	-	1747	1850
Lancaster	d	1427	1427	-	1447	-	1547	1729	-	1747	1857
Preston	a	1445	1445	-	1508	-	1608	1745	-	1808	1915
Manchester Oxford Road	a	1520	1520	-	1558	-	1658	1821	-	1858	2011c
Manchester Piccadilly	a	1524	1524	-	1601	-	1701	1825	-	1901	2015c
Manchester Airport	a	1543	1543	-	1617	-	1717	1843	-	1917	2032c

### Notes

c Change at Lancaster and Preston.

x Stops on request.

Y Until 16 June.

Z 23 June only.



# Carlisle - Barrow - Lancaster

## Sundays until 23 June

Carlisle	d	1616	-	1710	-	-	-	1810	1910	2010	2110
Dalston		1624	-	1718	-	-	-	1818	1918	2018	2118
Wigton		1634	-	1728	-	-	-	1828	1928	2028	2128
Aspatria		1644	-	1738	-	-	-	1838	1938	2038	2138
Maryport		1655	-	1749	-	-	-	1849	1949	2049	2149
Flimby		16x58	-	17x52	-	-	-	18x52	19x52	20x52	21x52
Workington		1706	-	1800	-	-	-	1900	2000	2100	2200
Harrington		1710	-	1804	-	-	-	1904	2004	2104	2204
Parton		17x18	-	18x12	-	-	-	19x12	20x12	21x12	22x12
Whitehaven	a	1724	-	1818	-	-	-	1919	2019	2119	2219
Whitehaven	d	1725	-	1819	-	-	-	-	-	-	-
Corkickle		1728	-	1822	-	-	-	-	-	-	-
St. Bees		1733	-	1828	-	-	-	-	-	-	-
Nethertown		-	-	18x32	-	-	-	-	-	-	-
Braystones		-	-	18x34	-	-	-	-	-	-	-
Sellafield		1744	-	1840	-	-	-	-	-	-	-
Seascale		1748	-	1844	-	-	-	-	-	-	-
Drigg		17x51	-	18x47	-	-	-	-	-	-	-
Ravenglass		1754	-	1850	-	-	-	-	-	-	-
Bootle		18x00	-	18x56	-	-	-	-	-	-	-
Silecroft		18x06	-	19x02	-	-	-	-	-	-	-
Millom	a	1813	-	1909	-	-	-	-	-	-	-
Millom	d	1814	-	1909	-	1925	-	-	-	-	-
Green Road		18x18	-	19x13	-	19x29	-	-	-	-	-
Foxfield		1822	-	1917	-	1933	-	-	-	-	-
Kirkby-in-Furness		18x26	-	19x21	-	19x37	-	-	-	-	-
Askam		1831	-	1926	-	1942	-	-	-	-	-
Barrow-in-Furness	a	1846	-	1941	-	1957	-	-	-	-	-
Barrow-in-Furness	d	-	1851	-	1947	-	2046	-	-	-	-
Roose		-	1855	-	1951	-	2050	-	-	-	-
Dalton		-	1901	-	1957	-	2056	-	-	-	-
Ulverston		-	1909	-	2005	-	2105	-	-	-	-
Cark		-	1917	-	2013	-	2112	-	-	-	-
Kents Bank		-	1921	-	2017	-	2116	-	-	-	-
Grange-over-Sands		-	1925	-	2021	-	2120	-	-	-	-
Arnsdale		-	1931	-	2027	-	2126	-	-	-	-
Silverdale		-	1935	-	2031	-	2131	-	-	-	-
Carnforth		-	1943	-	2039	-	2138	-	-	-	-
Lancaster	a	-	1951	-	2047	-	2148	-	-	-	-
Lancaster	d	-	1951	-	2047	-	2219	-	-	-	-
Preston	a	-	2014	-	2108	-	2238	-	-	-	-
Manchester Oxford Road	a	-	2111	-	2158	-	2317	-	-	-	-
Manchester Piccadilly	a	-	2115	-	2201	-	2322	-	-	-	-
Manchester Airport	a	-	2132	-	2216	-	2339	-	-	-	-

### Notes

x Stops on request.

Y Until 16 June.

Z 23 June only.

# Lancaster - Barrow - Carlisle

## Mondays to Fridays until 28 June

Manchester Airport	d	-	-	-	-	-	-	-	0610	-	-
Manchester Piccadilly	d	-	-	-	-	-	-	-	0626	-	-
Manchester Oxford Road	d	-	-	-	-	-	-	-	0629	-	-
Preston	d	-	-	-	0518	-	-	0647	0703	0753	-
Lancaster	a	-	-	-	0538	-	-	0704	0718	0807	-
	d	-	-	-	0538	-	-	0706	0736	0823	-
Carnforth	-	-	-	-	0548	-	-	0716	0745	0832	-
Silverdale	-	-	-	-	0554	-	-	0721	0751	0838	-
Arnside	-	-	-	-	0558	-	-	0726	0755	0842	-
Grange-over-Sands	-	-	-	-	0604	-	-	0732	0801	0848	-
Kents Bank	-	-	-	-	0608	-	-	0735	0805	-	-
Cark	-	-	-	-	0612	-	-	0739	0809	0854	-
Ulverston	-	-	-	-	0620	-	-	0747	0817	0902	-
Dalton	-	-	-	-	0628	-	-	0755	0826	0910	-
Roose	-	-	-	-	0635	-	-	0801	0832	-	-
Barrow-in-Furness	a	-	-	-	0642	-	-	0809	0839	0922	-
Barrow-in-Furness	d	-	-	0558	-	0651	0750	-	-	-	0927
Askam	-	-	-	0608	-	0701	0800	-	-	-	0937
Kirkby-in-Furness	-	-	-	06x12	-	07x05	08x04	-	-	-	09x41
Foxfield	-	-	-	0616	-	0709	0808	-	-	-	0945
Green Road	-	-	-	06x20	-	07x13	08x11	-	-	-	09x48
Millom	a	-	-	0626	-	0719	0817	-	-	-	0954
Millom	d	-	-	0627	-	0719	0818	-	-	-	0955
Silecroft	-	-	-	06x32	-	07x24	08x23	-	-	-	09x59
Bootle	-	-	-	06x39	-	07x31	08x29	-	-	-	10x06
Ravenglass	-	-	-	0645	-	0737	0835	-	-	-	1012
Drigg	-	-	-	06x49	-	07x41	08x38	-	-	-	10x15
Seascale	-	-	-	0653	-	0745	0842	-	-	-	1019
Sellafield	-	-	-	0700	-	0753	0849	-	-	-	1032
Braystones	-	-	-	-	-	07x57	-	-	-	-	-
Nethertown	-	-	-	-	-	07x59	-	-	-	-	-
St. Bees	-	-	-	0713	-	0805	0900	-	-	-	1042
Corkickle	-	-	-	0719	-	0811	0905	-	-	-	1047
Whitehaven	a	-	-	0722	-	0814	0908	-	-	-	1050
Whitehaven	d	-	0630	0723	-	0816	0909	-	-	-	1051
Parton	-	-	06x33	07x27	-	08x20	09x13	-	-	-	10x55
Harrington	-	-	0642	0736	-	0828	0921	-	-	-	1103
Workington	-	0605	0648	0742	-	0834	0927	-	-	-	1109
Flimby	-	06x09	06x52	07x46	-	08x39	09x32	-	-	-	11x14
Maryport	-	0613	0656	0750	-	0843	0936	-	-	-	1117
Aspatria	-	0623	0706	0800	-	0853	0946	-	-	-	1127
Wigton	-	0635	0718	0812	-	0904	0957	-	-	-	1138
Dalston	-	0644	0727	0821	-	0913	1006	-	-	-	1147
Carlisle	a	0655	0738	0832	-	0924	1017	-	-	-	1158

### Notes

x Stops on request.

# Lancaster - Barrow - Carlisle

## Mondays to Fridays until 28 June

Manchester Airport	d	0710	-	-	0929	-	1029b	-	1129	-	1229
Manchester Piccadilly	d	0726	-	-	0947	-	1047b	-	1147	-	1247
Manchester Oxford Road	d	0730	-	-	0951	-	1051b	-	1151	-	1251
Preston	d	0815	-	0941	1045	-	1141	-	1245	-	1344
Lancaster	a	0830	-	0955	1103	-	1154	-	1304	-	1402
	d	0900	-	1013	1103	-	1202	-	1313	-	1402
Carnforth		0910	-	1022	1113	-	1212	-	1322	-	1412
Silverdale		0916	-	1028	-	-	1218	-	1328	-	1417
Arnside		0920	-	1032	1122	-	1222	-	1332	-	1422
Grange-over-Sands		0926	-	1038	1128	-	1228	-	1338	-	1428
Kents Bank		0930	-	1042	-	-	1232	-	1342	-	1431
Cark		0934	-	1046	1134	-	1236	-	1346	-	1435
Ulverston		0942	-	1054	1142	-	1244	-	1354	-	1443
Dalton		0950	-	1102	-	-	1252	-	1402	-	1451
Roose		0956	-	1108	-	-	1258	-	1408	-	1457
Barrow-in-Furness	a	1003	-	1116	1201	-	1305	-	1416	-	1505
Barrow-in-Furness	d	-	1022	1118	-	1206	-	1316	1417	1449	-
Askam		-	1032	1128	-	1216	-	1326	1427	1459	-
Kirkby-in-Furness		-	10x36	11x32	-	12x20	-	13x30	14x31	15x03	-
Foxfield		-	1040	1136	-	1224	-	1334	1435	1507	-
Green Road		-	10x43	11x40	-	12x27	-	13x37	14x39	15x10	-
Millom	a	-	1049	1146	-	1233	-	1343	1445	1516	-
Millom	d	-	1050	1146	-	1234	-	1344	1445	1517	-
Silecroft		-	10x54	11x51	-	12x38	-	13x48	14x49	15x21	-
Bootle		-	11x01	11x57	-	12x45	-	13x55	14x56	15x28	-
Ravenglass		-	1107	1203	-	1251	-	1401	1502	1534	-
Drigg		-	11x10	12x06	-	12x54	-	14x04	15x05	15x37	-
Seascale		-	1114	1210	-	1257	-	1407	1508	1541	-
Sellafield		-	1122	1217	-	1303	-	1413	1514	1547	-
Braystones		-	11x26	-	-	13x07	-	14x16	-	-	-
Nethertown		-	11x28	-	-	13x09	-	14x19	-	-	-
St. Bees		-	1134	1227	-	1328	-	1427	1527	1600	-
Corkickle		-	1140	1232	-	1334	-	1433	1533	1606	-
Whitehaven	a	-	1143	1235	-	1336	-	1436	1536	1608	-
Whitehaven	d	-	1145	1236	-	1338	-	1438	1540	1612	-
Parton		-	11x48	-	-	13x41	-	14x41	15x45	16x15	-
Harrington		-	1157	-	-	1350	-	1450	1553	1624	-
Workington		-	1203	1253	-	1356	-	1456	1559	1633	-
Flimby		-	12x07	-	-	14x00	-	15x00	16x04	16x37	-
Maryport		-	1211	1301	-	1404	-	1505	1608	1643	-
Aspatria		-	1221	-	-	1414	-	1515	1618	1653	-
Wigton		-	1233	1322	-	1426	-	1526	1629	1705	-
Dalston		-	1242	-	-	1435	-	1535	1638	1714	-
Carlisle	a	-	1253	1340	-	1447	-	1546	1651	1725	-

### Notes

b Change at Wigan North Western and Lancaster.

x Stops on request.

# Lancaster - Barrow - Carlisle

## Mondays to Fridays until 28 June

Manchester Airport	d	-	-	1329 <b>b</b>	-	1410	<b>1530</b>	-	1610	-	-
Manchester Piccadilly	d	-	-	1347 <b>b</b>	-	1426	<b>1548</b>	-	1626	-	-
Manchester Oxford Road	d	-	-	1351 <b>b</b>	-	1430	<b>1551</b>	-	1630	-	-
Preston	d	-	-	1441	-	<b>1532</b>	<b>1645</b>	-	1705	1741	-
Lancaster	a	-	-	1454	-	<b>1552</b>	<b>1702</b>	-	1722	1755	-
	d	-	-	<b>1503</b>	-	<b>1613</b>	<b>1703</b>	-	<b>1738</b>	<b>1803</b>	-
Carnforth	-	-	-	<b>1512</b>	-	<b>1622</b>	<b>1712</b>	-	<b>1747</b>	<b>1812</b>	-
Silverdale	-	-	-	<b>1518</b>	-	<b>1628</b>	-	-	<b>1752</b>	<b>1818</b>	-
Arnside	-	-	-	<b>1522</b>	-	<b>1632</b>	<b>1721</b>	-	<b>1757</b>	<b>1822</b>	-
Grange-over-Sands	-	-	-	<b>1528</b>	-	<b>1638</b>	<b>1727</b>	-	<b>1803</b>	<b>1828</b>	-
Kents Bank	-	-	-	<b>1532</b>	-	<b>1642</b>	-	-	<b>1806</b>	<b>1832</b>	-
Cark	-	-	-	<b>1536</b>	-	<b>1646</b>	-	-	<b>1810</b>	<b>1836</b>	-
Ulverston	-	-	-	<b>1544</b>	-	<b>1654</b>	<b>1739</b>	-	<b>1818</b>	<b>1844</b>	-
Dalton	-	-	-	<b>1552</b>	-	<b>1702</b>	<b>1747</b>	-	<b>1826</b>	<b>1852</b>	-
Roose	-	-	-	<b>1558</b>	-	<b>1708</b>	<b>1753</b>	-	<b>1832</b>	<b>1858</b>	-
Barrow-in-Furness	a	-	-	<b>1605</b>	-	<b>1716</b>	<b>1801</b>	-	<b>1840</b>	<b>1905</b>	-
Barrow-in-Furness	d	1544	-	-	1615	1717	-	1807	-	-	1912
Askam		1554	-	-	1625	1728	-	1817	-	-	1922
Kirkby-in-Furness		15x58	-	-	16x29	17x32	-	18x21	-	-	19x26
Foxfield		1602	-	-	1634	1736	-	1825	-	-	1930
Green Road		16x05	-	-	16x37	17x39	-	18x28	-	-	19x33
Millom	a	1611	-	-	1643	1745	-	1834	-	-	1939
Millom	d	1612	-	-	1644	1745	-	1834	-	-	1940
Silecroft		16x16	-	-	16x48	17x50	-	-	-	-	19x44
Bootle		16x23	-	-	16x55	17x56	-	-	-	-	19x51
Ravenglass		1629	-	-	1701	1802	-	1849	-	-	1957
Drigg		16x32	-	-	17x04	18x05	-	18x52	-	-	20x00
Seascale		1635	-	-	1708	1809	-	1856	-	-	2003
Sellafield		1641	-	-	1712	1814	-	1900	-	-	2012
Braystones		-	-	-	-	-	-	-	-	-	20x15
Nethertown		-	-	-	-	-	-	-	-	-	20x18
St. Bees		1652	-	-	-	1826	-	1912	-	-	2027
Corkickle		1657	-	-	-	1832	-	1917	-	-	2032
Whitehaven	a	1700	-	-	-	1834	-	1920	-	-	2036
Whitehaven	d	1701	1749	-	-	1835	-	1921	-	-	2037
Parton		17x05	17x52	-	-	18x39	-	19x25	-	-	20x41
Harrington		1713	1801	-	-	1847	-	1933	-	-	2049
Workington		1719	1807	-	-	1853	-	1943	-	-	2055
Flimby		17x24	18x11	-	-	18x58	-	19x47	-	-	21x00
Maryport		1728	1816	-	-	1902	-	1953	-	-	2104
Aspatria		1738	1826	-	-	1912	-	2003	-	-	2114
Wigton		1749	1837	-	-	1923	-	2014	-	-	2125
Dalston		1759	1846	-	-	1932	-	2023	-	-	2134
Carlisle	a	1810	1857	-	-	1943	-	2034	-	-	2145

### Notes

b Change at Wigan North Western and Lancaster.

x Stops on request.

# Lancaster - Barrow - Carlisle

## Mondays to Fridays until 28 June

Manchester Airport	d	1710	-	1729b	-	1829	-	1910	-	-	2210
Manchester Piccadilly	d	1726	-	1747b	-	1847	-	1926	-	-	2226
Manchester Oxford Road	d	1730	-	1751b	-	1851	-	1930	-	-	-
Preston	d	1805	-	1841	-	1944	-	2044	-	2143	2315
Lancaster	a	1820	-	1856	-	2002	-	2102	-	2155	2333
	d	1835	-	1913	-	2003	-	2102	-	2209	2333
Carnforth		1844	-	1922	-	2012	-	2112	-	2218	2343
Silverdale		1850	-	1928	-	2018	-	2117	-	2224	2348
Arnside		1854	-	1932	-	2022	-	2122	-	2228	2353
Grange-over-Sands		1900	-	1938	-	2028	-	2128	-	2234	2359
Kents Bank		1904	-	1942	-	2032	-	2131	-	2238	0004
Cark		1908	-	1946	-	2036	-	2135	-	2242	0008
Ulverston		1916	-	1954	-	2044	-	2143	-	2250	0016
Dalton		1924	-	2002	-	2052	-	2151	-	2258	0024
Roose		1930	-	2008	-	2058	-	2157	-	2304	0030
Barrow-in-Furness	a	1938	-	2016	-	2105	-	2205	-	2312	0037
Barrow-in-Furness	d	-	1944	2019	-	-	2110	-	2211	-	-
Askam		-	1954	2029	-	-	2120	-	2221	-	-
Kirkby-in-Furness		-	19x58	20x33	-	-	21x24	-	22x25	-	-
Foxfield		-	2002	2037	-	-	2128	-	2229	-	-
Green Road		-	20x05	20x40	-	-	21x32	-	22x33	-	-
Millom	a	-	2012	2046	-	-	2138	-	2239	-	-
Millom	d	-	-	2046	-	-	-	-	-	-	-
Silecroft		-	-	20x51	-	-	-	-	-	-	-
Bootle		-	-	20x57	-	-	-	-	-	-	-
Ravenglass		-	-	2103	-	-	-	-	-	-	-
Drigg		-	-	21x06	-	-	-	-	-	-	-
Seascale		-	-	2110	-	-	-	-	-	-	-
Sellafield		-	-	2116	-	-	-	-	-	-	-
Braystones		-	-	-	-	-	-	-	-	-	-
Nethertown		-	-	-	-	-	-	-	-	-	-
St. Bees		-	-	2125	-	-	-	-	-	-	-
Corkickle		-	-	2131	-	-	-	-	-	-	-
Whitehaven	a	-	-	2133	-	-	-	-	-	-	-
Whitehaven	d	-	-	2135	2209	-	-	-	-	-	-
Parton		-	-	21x38	22x12	-	-	-	-	-	-
Harrington		-	-	2147	2221	-	-	-	-	-	-
Workington		-	-	2153	2227	-	-	-	-	-	-
Flimby		-	-	21x57	22x32	-	-	-	-	-	-
Maryport		-	-	2201	2236	-	-	-	-	-	-
Aspatria		-	-	2211	2246	-	-	-	-	-	-
Wigton		-	-	2222	2257	-	-	-	-	-	-
Dalston		-	-	2231	2306	-	-	-	-	-	-
Carlisle	a	-	-	2242	2317	-	-	-	-	-	-

### Notes

b Change at Wigan North Western and Lancaster.

x Stops on request.

# Lancaster - Barrow - Carlisle

## Saturdays until 29 June

Manchester Airport	d	-	-	-	-	-	-	-	0610	-	-
Manchester Piccadilly	d	-	-	-	-	-	-	-	0626	-	-
Manchester Oxford Road	d	-	-	-	-	-	-	-	0629	-	-
Preston	d	-	-	-	0518	-	-	0647	0703	-	0753
Lancaster	a	-	-	-	0538	-	-	0704	0718	-	0807
	d	-	-	-	0538	-	-	0706	0736	-	0823
Carnforth	-	-	-	-	0548	-	-	0716	0745	-	0832
Silverdale	-	-	-	-	0554	-	-	0721	0751	-	0838
Arnside	-	-	-	-	0558	-	-	0726	0755	-	0842
Grange-over-Sands	-	-	-	-	0604	-	-	0732	0801	-	0848
Kents Bank	-	-	-	-	0608	-	-	0735	0805	-	0852
Cark	-	-	-	-	0612	-	-	0739	0809	-	0856
Ulverston	-	-	-	-	0620	-	-	0747	0817	-	0904
Dalton	-	-	-	-	0628	-	-	0755	0826	-	0913
Roose	-	-	-	-	0635	-	-	0801	0832	-	0919
Barrow-in-Furness	a	-	-	-	0642	-	-	0809	0839	-	0926
Barrow-in-Furness	d	-	-	0558	-	0651	0754	-	-	0917	-
Askam	-	-	-	0608	-	0701	0804	-	-	0927	-
Kirkby-in-Furness	-	-	-	06x12	-	07x05	08x08	-	-	09x31	-
Foxfield	-	-	-	0616	-	0709	0812	-	-	0935	-
Green Road	-	-	-	06x20	-	07x13	08x15	-	-	09x38	-
Millom	a	-	-	0626	-	0719	0821	-	-	0943	-
Millom	d	-	-	0627	-	0719	0822	-	-	0944	-
Silecroft	-	-	-	06x32	-	07x24	08x27	-	-	09x48	-
Bootle	-	-	-	06x39	-	07x31	08x33	-	-	09x55	-
Ravenglass	-	-	-	0645	-	0737	0839	-	-	1001	-
Drigg	-	-	-	06x49	-	07x41	08x42	-	-	10x04	-
Seascale	-	-	-	0653	-	0745	0846	-	-	1008	-
Sellafield	-	-	-	0700	-	0753	0852	-	-	1014	-
Braystones	-	-	-	-	-	07x57	08x55	-	-	-	-
Nethertown	-	-	-	-	-	07x59	08x58	-	-	-	-
St. Bees	-	-	-	0713	-	0805	0904	-	-	1027	-
Corkickle	-	-	-	0719	-	0811	0909	-	-	1033	-
Whitehaven	a	-	-	0722	-	0814	0913	-	-	1035	-
Whitehaven	d	-	0630	0723	-	0816	0914	-	-	1037	-
Parton	-	-	06x33	07x27	-	08x20	09x18	-	-	10x40	-
Harrington	-	-	0642	0736	-	0828	0927	-	-	1049	-
Workington	-	0548	0648	0742	-	0834	0933	-	-	1055	-
Flimby	-	05x52	06x52	07x46	-	08x39	09x37	-	-	10x59	-
Maryport	-	0556	0656	0750	-	0843	0941	-	-	1103	-
Aspatria	-	0606	0706	0800	-	0853	0951	-	-	1113	-
Wigton	-	0618	0718	0812	-	0904	1003	-	-	1124	-
Dalston	-	0627	0727	0821	-	0913	1012	-	-	1133	-
Carlisle	a	0638	0739	0832	-	0924	1023	-	-	1144	-

### Notes

x Stops on request.

# Lancaster - Barrow - Carlisle

## Saturdays until 29 June

Manchester Airport	d	0710	-	-	0929	-	-	-	-	1229
Manchester Piccadilly	d	0726	-	-	0947	-	-	-	-	1247
Manchester Oxford Road	d	0730	-	-	0951	-	-	-	-	1251
Preston	d	0838	-	0941	1045	-	1140	-	1241	1344
Lancaster	a	0852	-	0955	1103	-	1155	-	1255	1402
	d	0900	-	1013	1103	-	1202	-	1301	1402
Carnforth		0910	-	1022	1113	-	1212	-	1310	1412
Silverdale		0916	-	1028	-	-	1218	-	1316	1417
Arnsdale		0920	-	1032	1122	-	1222	-	1320	1422
Grange-over-Sands		0926	-	1038	1128	-	1228	-	1326	1428
Kents Bank		0930	-	1042	-	-	1232	-	1330	1431
Cark		0934	-	1046	1134	-	1236	-	1334	1435
Ulverston		0942	-	1054	1142	-	1244	-	1342	1443
Dalton		0950	-	1102	-	-	1252	-	1351	1451
Roose		0956	-	1108	-	-	1258	-	1357	1457
Barrow-in-Furness	a	1003	-	1116	1201	-	1305	-	1404	1505
Barrow-in-Furness	d	-	1022	1118	-	1206	-	1316	1414	1449
Askam		-	1032	1128	-	1216	-	1326	1424	1459
Kirkby-in-Furness		-	10x36	11x32	-	12x20	-	1330	14x28	15x03
Foxfield		-	1040	1136	-	1224	-	1334	1432	1507
Green Road		-	10x43	11x40	-	12x27	-	1337	14x35	15x10
Millom	a	-	1049	1146	-	1233	-	1343	1441	1516
Millom	d	-	1050	1146	-	1234	-	1344	1442	1517
Silecroft		-	10x54	11x51	-	12x38	-	1348	14x46	15x21
Bootle		-	11x01	11x57	-	12x45	-	1355	14x53	15x28
Ravenglass		-	1107	1203	-	1251	-	1401	1459	1534
Drigg		-	11x10	12x06	-	12x54	-	1404	15x02	15x37
Seascale		-	1114	1210	-	1257	-	1407	1506	1541
Sellafield		-	1122	1217	-	1303	-	1413	1512	1547
Braystones		-	11x26	-	-	13x07	-	-	1515	-
Nethertown		-	11x28	-	-	13x09	-	-	1518	-
St. Bees		-	1134	1227	-	1328	-	1426	1527	1600
Corkickle		-	1140	1232	-	1334	-	1432	1533	1606
Whitehaven	a	-	1143	1235	-	1336	-	1434	1536	1608
Whitehaven	d	-	1145	1236	-	1338	-	1438	1539	1612
Parton		-	11x48	-	-	13x41	-	14x41	15x44	16x15
Harrington		-	1157	-	-	1350	-	1450	1552	1624
Workington		-	1203	1253	-	1356	-	1456	1558	1633
Flimby		-	12x07	-	-	14x00	-	15x00	16x03	16x37
Maryport		-	1211	1301	-	1404	-	1505	1607	1643
Aspatria		-	1221	-	-	1414	-	1515	1617	1653
Wigton		-	1233	1322	-	1426	-	1526	1628	1705
Dalston		-	1242	-	-	1435	-	1535	1637	1714
Carlisle	a	-	1253	1340	-	1447	-	1546	1648	1725

### Notes

x Stops on request.

# Lancaster - Barrow - Carlisle

## Saturdays until 29 June

Manchester Airport	d	-	1329b	-	1410	1530	-	1610	-	1629b	1710
Manchester Piccadilly	d	-	1347b	-	1426	1548	-	1626	-	1647b	1726
Manchester Oxford Road	d	-	1351b	-	1430	1551	-	1630	-	1651b	1730
Preston	d	-	1441	-	1532	1645	-	1705	-	1741	1805
Lancaster	a	-	1454	-	1552	1702	-	1722	-	1755	1820
	d	-	1503	-	1613	1703	-	1738	-	1803	1835
Carnforth	-	-	1512	-	1622	1712	-	1747	-	1812	1844
Silverdale	-	-	1518	-	1628	-	-	1752	-	1818	1850
Arnside	-	-	1522	-	1632	1721	-	1757	-	1822	1854
Grange-over-Sands	-	-	1528	-	1638	1727	-	1803	-	1828	1900
Kents Bank	-	-	1532	-	1642	-	-	1806	-	1832	1904
Cark	-	-	1536	-	1646	-	-	1810	-	1836	1908
Ulverston	-	-	1544	-	1654	1739	-	1818	-	1844	1916
Dalton	-	-	1552	-	1702	1747	-	1826	-	1852	1924
Roose	-	-	1558	-	1708	1753	-	1832	-	1858	1930
Barrow-in-Furness	a	-	1605	-	1716	1801	-	1840	-	1905	1938
Barrow-in-Furness	d	1544	-	1611	1717	-	1807	-	1857	-	-
Askam		1554	-	1621	1728	-	1817	-	1907	-	-
Kirkby-in-Furness		15x58	-	16x25	17x32	-	18x21	-	19x11	-	-
Foxfield		1602	-	1629	1736	-	1825	-	1915	-	-
Green Road		16x05	-	16x32	17x39	-	18x28	-	19x19	-	-
Millom	a	1611	-	1638	1745	-	1834	-	1925	-	-
Millom	d	1612	-	1639	1745	-	1834	-	1925	-	-
Silecroft		16x16	-	16x43	17x50	-	-	-	19x29	-	-
Bootle		16x23	-	16x50	17x56	-	-	-	19x36	-	-
Ravenglass		1629	-	1656	1802	-	1849	-	1942	-	-
Drigg		16x32	-	16x59	18x05	-	18x52	-	19x45	-	-
Seascale		1635	-	1702	1809	-	1856	-	1948	-	-
Sellafield		1641	-	1708	1814	-	1900	-	1953	-	-
Braystones		-	-	17x11	-	-	-	-	-	-	-
Nethertown		-	-	17x14	-	-	-	-	-	-	-
St. Bees		1652	-	1719	1826	-	1912	-	2003	-	-
Corkickle		1657	-	1724	1832	-	1917	-	2008	-	-
Whitehaven	a	1700	-	1728	1834	-	1920	-	2012	-	-
Whitehaven	d	1701	-	1729	1835	-	1921	-	2013	-	-
Parton		17x05	-	17x33	18x39	-	19x25	-	20x17	-	-
Harrington		1713	-	1741	1847	-	1933	-	2025	-	-
Workington		1719	-	1747	1853	-	1943	-	2035	-	-
Flimby		17x24	-	17x52	18x58	-	19x47	-	20x40	-	-
Maryport		1728	-	1756	1902	-	1953	-	2044	-	-
Aspatria		1738	-	1806	1912	-	2003	-	2054	-	-
Wigton		1749	-	1817	1923	-	2014	-	2105	-	-
Dalston		1759	-	1826	1932	-	2023	-	2114	-	-
Carlisle	a	1811	-	1841	1943	-	2034	-	2125	-	-

### Notes

b Change at Wigan North Western and Lancaster.

x Stops on request.



# Lancaster - Barrow - Carlisle

## Saturdays until 29 June

							S	T	S		
Manchester Airport	d	-	-	1729 <b>b</b>	1829	-	1910	-	-	2038	-
Manchester Piccadilly	d	-	-	1747 <b>b</b>	1847	-	1926	-	-	2057	-
Manchester Oxford Road	d	-	-	1751 <b>b</b>	1851	-	1930	-	-	2100	-
Preston	d	-	-	1841	1944	-	2044	-	2125z	2211	2230z
Lancaster	a	-	-	1855	2002	-	2102	-	2215z	2231	2320z
	d	-	-	1913	2003	-	2102	-	2226	2232	2328
Carnforth	-	-	-	1922	2012	-	2112	-	2235	22414	2338
Silverdale	-	-	-	1928	2018	-	2117	-	2241	2247	2343
Arnside	-	-	-	1932	2022	-	2122	-	2245	2251	2348
Grange-over-Sands	-	-	-	1938	2028	-	2128	-	2251	2257	2354
Kents Bank	-	-	-	1942	2032	-	2131	-	2255	2301	2358
Cark	-	-	-	1946	2036	-	2135	-	2259	2305	0002
Ulverston	-	-	-	1954	2044	-	2143	-	2307	2313	0010
Dalton	-	-	-	2002	2052	-	2151	-	2315	2321	0019
Roose	-	-	-	2008	2058	-	2157	-	2321	2327	0025
Barrow-in-Furness	a	-	-	2016	2105	-	2205	-	2331	2335	0034
Barrow-in-Furness	d	1944	-	2018	-	2110	-	2211	-	-	-
Askam		1954	-	2028	-	2120	-	2221	-	-	-
Kirkby-in-Furness		19x58	-	20x32	-	21x24	-	22x25	-	-	-
Foxfield		2002	-	2036	-	2128	-	2229	-	-	-
Green Road		20x05	-	20x39	-	21x32	-	22x33	-	-	-
Millom	a	2011	-	2046	-	2138	-	2239	-	-	-
Millom	d	2011	-	-	-	-	-	-	-	-	-
Silecroft		20x16	-	-	-	-	-	-	-	-	-
Bootle		20x22	-	-	-	-	-	-	-	-	-
Ravenglass		2028	-	-	-	-	-	-	-	-	-
Drigg		20x31	-	-	-	-	-	-	-	-	-
Seascale		2035	-	-	-	-	-	-	-	-	-
Sellafield		2041	-	-	-	-	-	-	-	-	-
Braystones		20x44	-	-	-	-	-	-	-	-	-
Nethertown		20x47	-	-	-	-	-	-	-	-	-
St. Bees		2052	-	-	-	-	-	-	-	-	-
Corkickle		2057	-	-	-	-	-	-	-	-	-
Whitehaven	a	2101	-	-	-	-	-	-	-	-	-
Whitehaven	d	2102	2209	-	-	-	-	-	-	-	-
Parton		21x06	22x12	-	-	-	-	-	-	-	-
Harrington		2114	2221	-	-	-	-	-	-	-	-
Workington		2120	2227	-	-	-	-	-	-	-	-
Flimby		21x25	22x32	-	-	-	-	-	-	-	-
Maryport		2128	2236	-	-	-	-	-	-	-	-
Aspatria		-	-	-	-	-	-	-	-	-	-
Wigton		-	-	-	-	-	-	-	-	-	-
Dalston		-	-	-	-	-	-	-	-	-	-
Carlisle	a	-	-	-	-	-	-	-	-	-	-

### Notes

b Change at Wigan North Western and Lancaster.

x Stops on request.

z Connecting time by bus.

S Until 15 June.

T 22 and 29 June.

# Lancaster - Barrow - Carlisle

## Saturdays until 29 June

		T								
Manchester Airport	d	2210	-	-	-	-	-	-	-	-
Manchester Piccadilly	d	2226	-	-	-	-	-	-	-	-
Manchester Oxford Road	d	2229	-	-	-	-	-	-	-	-
Preston	d	2310	-	-	-	-	-	-	-	-
Lancaster	a	2328	-	-	-	-	-	-	-	-
	d	2328	-	-	-	-	-	-	-	-
Carnforth		2338	-	-	-	-	-	-	-	-
Silverdale		2343	-	-	-	-	-	-	-	-
Arnsdale		2348	-	-	-	-	-	-	-	-
Grange-over-Sands		2354	-	-	-	-	-	-	-	-
Kents Bank		2358	-	-	-	-	-	-	-	-
Cark		0002	-	-	-	-	-	-	-	-
Ulverston		0010	-	-	-	-	-	-	-	-
Dalton		0019	-	-	-	-	-	-	-	-
Roose		0025	-	-	-	-	-	-	-	-
Barrow-in-Furness	a	0032	-	-	-	-	-	-	-	-
Barrow-in-Furness	d	-	-	-	-	-	-	-	-	-
Askam		-	-	-	-	-	-	-	-	-
Kirkby-in-Furness		-	-	-	-	-	-	-	-	-
Foxfield		-	-	-	-	-	-	-	-	-
Green Road		-	-	-	-	-	-	-	-	-
Millom	a	-	-	-	-	-	-	-	-	-
Millom	d	-	-	-	-	-	-	-	-	-
Silecroft		-	-	-	-	-	-	-	-	-
Bootle		-	-	-	-	-	-	-	-	-
Ravenglass		-	-	-	-	-	-	-	-	-
Drigg		-	-	-	-	-	-	-	-	-
Seascale		-	-	-	-	-	-	-	-	-
Sellafield		-	-	-	-	-	-	-	-	-
Braystones		-	-	-	-	-	-	-	-	-
Nethertown		-	-	-	-	-	-	-	-	-
St. Bees		-	-	-	-	-	-	-	-	-
Corkickle		-	-	-	-	-	-	-	-	-
Whitehaven	a	-	-	-	-	-	-	-	-	-
Whitehaven	d	-	-	-	-	-	-	-	-	-
Parton		-	-	-	-	-	-	-	-	-
Harrington		-	-	-	-	-	-	-	-	-
Workington		-	-	-	-	-	-	-	-	-
Flimby		-	-	-	-	-	-	-	-	-
Maryport		-	-	-	-	-	-	-	-	-
Aspatria		-	-	-	-	-	-	-	-	-
Wigton		-	-	-	-	-	-	-	-	-
Dalston		-	-	-	-	-	-	-	-	-
Carlisle	a	-	-	-	-	-	-	-	-	-

### Notes

T 22 and 29 June.

# Lancaster - Barrow - Carlisle

## Sundays until 23 June

					Y	Z					
Manchester Airport	d	-	-	-	-	0833	0935	-	1035	-	-
Manchester Piccadilly	d	-	-	-	-	0853	0952	-	1054	-	-
Manchester Oxford Road	d	-	-	-	-	0856	0957	-	1059	-	-
Preston	d	-	-	-	-	0948	1046	-	1147	-	1240
Lancaster	a	-	-	-	-	1005	1103	-	1204	-	1255
	d	-	-	-	-	1011	1106	-	1205	-	1313
Carnforth	-	-	-	-	1020	1020	1115	-	1214	-	1322
Silverdale	-	-	-	-	1026	1026	1121	-	1219	-	1328
Arnsdale	-	-	-	-	1030	1030	1125	-	1224	-	1332
Grange-over-Sands	-	-	-	-	1036	1036	1131	-	1230	-	1338
Kents Bank	-	-	-	-	1040	1040	1135	-	-	-	1342
Cark	-	-	-	-	1044	1044	1139	-	1236	-	1346
Ulverston	-	-	-	-	1052	1052	1147	-	1244	-	1354
Dalton	-	-	-	-	1100	1100	1155	-	1252	-	1402
Roose	-	-	-	-	1106	1106	1201	-	-	-	1408
Barrow-in-Furness	a	-	-	-	1114	1114	1208	-	1304	-	1416
Barrow-in-Furness	d	0905	-	0950	1115	1115	-	1218	-	1309	1417
Askam		0915	-	1000	1125	1125	-	1228	-	1319	1427
Kirkby-in-Furness		09x19	-	10x04	11x29	11x29	-	12x32	-	13x23	-
Foxfield		0923	-	1008	1133	1133	-	1236	-	1327	-
Green Road		09x26	-	10x11	11x37	11x37	-	12x39	-	13x30	-
Millom	a	0933	-	1017	1143	1143	-	1245	-	1336	1441
Millom	d	-	-	1017	1143	1143	-	1245	-	1336	1443
Silecroft	-	-	-	10x22	11x47	11x47	-	12x50	-	13x41	-
Bootle	-	-	-	10x28	11x54	11x54	-	12x56	-	13x47	-
Ravenglass	-	-	-	1034	1200	1200	-	1302	-	1353	1458
Drigg	-	-	-	10x37	12x03	12x03	-	13x05	-	13x56	-
Seascale	-	-	-	1041	1206	1206	-	1309	-	1400	-
Sellafield	-	-	-	1046	1212	1212	-	1315	-	1405	1506
Braystones	-	-	-	10x50	-	-	-	-	-	14x09	-
Nethertown	-	-	-	10x52	-	-	-	-	-	14x11	-
St. Bees	-	-	-	1100	1225	1225	-	1328	-	1416	1520
Corkickle	-	-	-	1106	1230	1230	-	1333	-	1421	1525
Whitehaven	a	-	-	1109	1233	1233	-	1337	-	1425	1528
Whitehaven	d	-	1016	1111	1234	1234	-	1338	-	1426	1529
Parton	-	-	10x20	11x14	12x38	12x38	-	13x42	-	14x30	15x33
Harrington	-	-	1028	1123	1246	1246	-	1350	-	1438	1541
Workington	-	-	1034	1129	1252	1252	-	1358	-	1444	1547
Flimby	-	-	10x39	11x33	12x57	12x57	-	14x03	-	14x49	15x52
Maryport	-	-	1043	1137	1301	1301	-	1408	-	1453	1556
Aspatria	-	-	1053	1147	1311	1311	-	1418	-	1503	1606
Wigton	-	-	1104	1159	1322	1322	-	1430	-	1514	1617
Dalston	-	-	1113	1208	1331	1331	-	1439	-	1523	1626
Carlisle	a	-	1124	1219	1342	1342	-	1450	-	1534	1637

### Notes

x Stops on request.

Y Until 16 June.

Z 23 June only.

# Lancaster - Barrow - Carlisle

## Sundays until 23 June

Manchester Airport	d	-	1241	-	1334	-	1533	-	-	-	1633
Manchester Piccadilly	d	-	1301	-	1349	-	1549	-	-	-	1649
Manchester Oxford Road	d	-	1305	-	1401	-	1601	-	-	-	1701
Preston	d	-	1357	-	1508	1542	1657	-	-	-	1757
Lancaster	a	-	1415	-	1526	1557	1714	-	-	-	1815
	d	-	1415	-	1526	1603	1715	-	-	-	1815
Carnforth	-	-	1425	-	1536	1612	1724	-	-	-	1825
Silverdale	-	-	1430	-	1541	1618	1729	-	-	-	1830
Arnsdale	-	-	1435	-	1546	1623	1734	-	-	-	1835
Grange-over-Sands	-	-	1441	-	1552	1629	1740	-	-	-	1841
Kents Bank	-	-	1445	-	1555	1632	1743	-	-	-	1844
Cark	-	-	1449	-	1559	1636	1747	-	-	-	1848
Ulverston	-	-	1457	-	1607	1645	1755	-	-	-	1856
Dalton	-	-	1505	-	1616	1653	1803	-	-	-	1904
Roose	-	-	1511	-	1622	1659	1809	-	-	-	1910
Barrow-in-Furness	a	-	1518	-	1629	1707	1817	-	-	-	1918
Barrow-in-Furness	d	1455	-	1558	-	1717	-	1825	-	1907	-
Askam		1505	-	1608	-	1728	-	1835	-	1917	-
Kirkby-in-Furness		15x09	-	16x12	-	17x32	-	18x39	-	19x21	-
Foxfield		1513	-	1616	-	1736	-	1843	-	1925	-
Green Road		15x16	-	16x19	-	17x39	-	18x46	-	19x28	-
Millom	a	1522	-	1625	-	1745	-	1853	-	1935	-
Millom	d	1523	-	1625	-	1746	-	-	-	-	-
Silecroft		15x28	-	16x30	-	17x50	-	-	-	-	-
Bootle		15x34	-	16x36	-	17x57	-	-	-	-	-
Ravenglass		1541	-	1642	-	1803	-	-	-	-	-
Drigg		15x44	-	16x45	-	18x06	-	-	-	-	-
Seascale		1547	-	1649	-	1809	-	-	-	-	-
Sellafield		1551	-	1654	-	1815	-	-	-	-	-
Braystones		-	-	16x58	-	18x18	-	-	-	-	-
Nethertown		-	-	17x00	-	18x21	-	-	-	-	-
St. Bees		1601	-	1705	-	1829	-	-	-	-	-
Corkickle		1607	-	1710	-	1834	-	-	-	-	-
Whitehaven	a	1609	-	1714	-	1838	-	-	-	-	-
Whitehaven	d	1611	-	1716	-	1839	-	-	1938	-	-
Parton		16x14	-	17x20	-	18x43	-	-	19x41	-	-
Harrington		1623	-	1728	-	1851	-	-	1950	-	-
Workington		1629	-	1734	-	1857	-	-	1956	-	-
Flimby		16x33	-	17x39	-	19x02	-	-	20x01	-	-
Maryport		1637	-	1743	-	1906	-	-	2005	-	-
Aspatria		1647	-	1753	-	1916	-	-	2015	-	-
Wigton		1659	-	1804	-	1927	-	-	2026	-	-
Dalston		1708	-	1813	-	1936	-	-	2035	-	-
Carlisle	a	1719	-	1824	-	1947	-	-	2046	-	-

### Notes

x Stops on request.

# Lancaster - Barrow - Carlisle

## Sundays until 23 June

Manchester Airport	d	-	-	1833	1933	-	-	-	-	-	-
Manchester Piccadilly	d	-	-	1848	1949	-	-	-	-	-	-
Manchester Oxford Road	d	-	-	1901	1952	-	-	-	-	-	-
Preston	d	-	1842	1957	2046	2142	-	-	-	-	-
Lancaster	a	-	1857	2015	2105	2157	-	-	-	-	-
	d	-	1903	2015	2113	2220	-	-	-	-	-
Carnforth	-	-	1912	2024	2122	2229	-	-	-	-	-
Silverdale	-	-	1918	2030	2128	2234	-	-	-	-	-
Arnsdale	-	-	1922	2035	2132	2239	-	-	-	-	-
Grange-over-Sands	-	-	1928	2041	2138	2245	-	-	-	-	-
Kents Bank	-	-	1932	2044	2142	2248	-	-	-	-	-
Cark	-	-	1936	2048	2146	2252	-	-	-	-	-
Ulverston	-	-	1944	2056	2154	2300	-	-	-	-	-
Dalton	-	-	1952	2105	2202	2308	-	-	-	-	-
Roose	-	-	1958	2111	2208	2314	-	-	-	-	-
Barrow-in-Furness	a	-	2006	2118	2215	2322	-	-	-	-	-
Barrow-in-Furness	d	-	-	-	-	-	-	-	-	-	-
Askam	-	-	-	-	-	-	-	-	-	-	-
Kirkby-in-Furness	-	-	-	-	-	-	-	-	-	-	-
Foxfield	-	-	-	-	-	-	-	-	-	-	-
Green Road	-	-	-	-	-	-	-	-	-	-	-
Millom	a	-	-	-	-	-	-	-	-	-	-
Millom	d	-	-	-	-	-	-	-	-	-	-
Silecroft	-	-	-	-	-	-	-	-	-	-	-
Bootle	-	-	-	-	-	-	-	-	-	-	-
Ravenglass	-	-	-	-	-	-	-	-	-	-	-
Drigg	-	-	-	-	-	-	-	-	-	-	-
Seascale	-	-	-	-	-	-	-	-	-	-	-
Sellafield	-	-	-	-	-	-	-	-	-	-	-
Braystones	-	-	-	-	-	-	-	-	-	-	-
Nethertown	-	-	-	-	-	-	-	-	-	-	-
St. Bees	-	-	-	-	-	-	-	-	-	-	-
Corkickle	-	-	-	-	-	-	-	-	-	-	-
Whitehaven	a	-	-	-	-	-	-	-	-	-	-
Whitehaven	d	2030	-	-	-	-	-	-	-	-	-
Parton		20x33	-	-	-	-	-	-	-	-	-
Harrington		2042	-	-	-	-	-	-	-	-	-
Workington		2048	-	-	-	-	-	-	-	-	-
Flimby		20x53	-	-	-	-	-	-	-	-	-
Maryport		2057	-	-	-	-	-	-	-	-	-
Aspatria		2107	-	-	-	-	-	-	-	-	-
Wigton		2118	-	-	-	-	-	-	-	-	-
Dalston		2127	-	-	-	-	-	-	-	-	-
Carlisle	a	2138	-	-	-	-	-	-	-	-	-

### Notes

x Stops on request.

# Oxenholme - Windermere

## Mondays to Saturdays until 29 June

				SO	SX	SX	SO				
Manchester Airport	d	-	-	-	-	0827	0827	-	1110	1129	
Manchester Piccadilly		-	-	-	-	0847	0847	-	1126	1147	
Manchester Oxford Road		-	-	-	-	0851	0851	-	1130	1151	
Preston		-	0641	0753	0838	0815	0944	0944	1041	1205	1245
Lancaster		0559	0655	0808	0853	0830	-	-	1056	1220	1323
Oxenholme Lake District		0619	0728	0827	0920	0930	1021	1033	1121	1239	1341
Kendal		0623	0732	0831	0924	0934	1026	1038	1125	1243	1345
Burneside		0627	0736	0835	0928	0938	1030	-	1129	1247	1349
Staveley		0633	0743	0841	0935	0945	1036	-	1136	1254	1355
Windermere	a	0639	0749	0847	0941	0951	1043	1052	1142	1300	1403

## Mondays to Saturdays until 29 June

		SO	SX	SO	SX	SO	SX	SO			
Manchester Airport	d	1310	-	-	1429	-	1610	-	1729	1729	-
Manchester Piccadilly		1326	-	-	1447	-	1626	-	1747	1747	-
Manchester Oxford Road		1330	-	-	1451	-	1630	-	1751	1751	-
Preston		1405	1453	1453	1545	1653	1705	1753	1844	1908	1941
Lancaster		1420	1510	1509	-	1709	1723	1809	-	-	1955
Oxenholme Lake District		1438	1532	1532	1631	1736	1742	1829	1921	1942	2018
Kendal		1442	1536	1537	1636	1740	1746	1833	1926	1947	2022
Burneside		-	1540	1541	1640	1744	1750	1837	1930	1951	2026
Staveley		-	1546	1548	1646	1751	1757	1844	1936	1957	2033
Windermere	a	1455	1552	1554	1653	1757	1803	1850	1943	2004	2039

## Mondays to Saturdays until 29 June

		SX	SO S	SO T	SX	SX	SO S	SO T
Manchester Airport	d	1910	-	-	-	-	-	-
Manchester Piccadilly		1926	-	-	-	-	-	-
Manchester Oxford Road		1930	-	-	-	-	-	-
Preston		2006	2041	2041	2053	2143	-	-
Lancaster		2021	2055	2055	2108	2158	-	-
Oxenholme Lake District		2039	2115	2116	2128	2219	2200	2201
Kendal		2043	2125	2120	2132	2223	2210	2205
Burneside		2047	2135	2124	-	2227	2220	2209
Staveley		2054	2145	2130	-	2234	2230	2216
Windermere	a	2100	2155	2136	2145	2240	2240	2222

## Sundays until 23 June

		Y	Z	Y	Z						
Manchester Airport	d	-	0833	-	-	1010	1110	1133	-	-	1433
Manchester Piccadilly		-	0853	-	-	1026	1125	1150	-	-	1451
Manchester Oxford Road		-	0856	-	-	1030	1129	1153	-	-	1501
Preston		-	0948	1030	-	1109	1205	1244	1341	1453	1557
Lancaster		-	1007	1048	-	1125	1221	-	1356	1510	1615
Oxenholme Lake District		0945	1030	1107	1118	1201	1247	1332	1423	1535	1633
Kendal		0955	1034	1111	1122	1205	1251	1337	1427	1539	1638
Burneside		1005	1038	1115	-	-	-	1341	1431	1543	1642
Staveley		1015	1044	1121	-	-	-	1347	1438	1550	1648
Windermere	a	1025	1051	1128	1135	1219	1304	1354	1444	1556	1655

## Sundays until 23 June

				Y	Z				
Manchester Airport	d	1610	-	1733	-	-	-	-	-
Manchester Piccadilly		1626	-	1749	-	-	-	-	-
Manchester Oxford Road		1630	-	1801	-	-	-	-	-
Preston		1705	1753	1908	1943	-	-	-	-
Lancaster		1721	1809	-	1958	-	-	-	-
Oxenholme Lake District		1739	1830	1941	2028	2117	2118	-	-
Kendal		1743	1834	1945	2032	2121	2122	-	-
Burneside		-	1838	1949	2036	-	2126	-	-
Staveley		-	1845	1955	2043	-	2133	-	-
Windermere	a	1756	1851	2002	2049	2134	2139	-	-

### Notes

S Until 15 June.  
T 22 and 29 June.  
Y Until 16 June.  
Z 23 June only.

SO Saturdays only.  
SX Mondays to Fridays only.  
Bus service - dogs, heavy luggage, prams, bicycles and wheelchairs may not be carried.

# Windermere - Oxenholme

## Mondays to Saturdays until 29 June

				SX	SO						
Windermere	d	0643	0755	0851	0956	1008	1057	1147	1306	1407	1459
Staveley		0649	0801	-	1002	1014	1103	1153	1312	1413	1505
Burneside		0654	0806	-	1007	1019	1108	1158	1317	1418	1510
Kendal		0658	0810	0903	1010	1022	1112	1202	1321	1422	1514
Oxenholme Lake District	a	0703	0815	0908	1015	1027	1117	1207	1326	1427	1519
Lancaster	a	0722	0838	0927	-	-	1137	1227	b 1344	1528	1537
Preston	a	0740	0857	0946	1051	1104	1156	1245	b 1406	1546	1556
Manchester Oxford Road	a	0820	-	1020	1154	1154	-	1320	b 1454	1620	-
Manchester Piccadilly	a	0824	-	1024	1158	1158	-	1324	b 1458	1624	-
Manchester Airport	a	0843	-	1043	1221	1221	-	1343	b 1521	1643	-

## Mondays to Saturdays until 29 June

		SX	SO	SO	SX	SX	SO	SO	SX	SO S	
Windermere	d	1605	1605	1706	1801	1807	1855	1855	1948	2008	2043
Staveley		1611	1611	1712	1807	-	1901	1901	1954	2014	-
Burneside		1616	1616	1717	1812	-	1906	1906	1959	2019	-
Kendal		1619	1619	1721	1816	1819	1910	1910	2003	2023	2055
Oxenholme Lake District	a	1624	1624	1726	1821	1824	1915	1915	2008	2028	2100
Lancaster	a	-	1643	1828	1841	1844	1933	1933	2028	2056	2122
Preston	a	1702	1706	1813	1900	1903	1954	1955	2046	2114	-
Manchester Oxford Road	a	1754	1755	1911	-	-	2055	2055	2119	-	-
Manchester Piccadilly	a	1758	1759	1915	-	-	2059	2059	2124	-	-
Manchester Airport	a	1821	1821	1931	-	-	2120	2120	2142	-	-

## Mondays to Saturdays until 29 June

		T									
Windermere	d	2044	2104	2140	2140	2149	2225	2226	2245	-	-
Staveley		2050	2110	2150	-	-	2235	2232	2251	-	-
Burneside		2055	2115	2200	-	-	2245	2237	2256	-	-
Kendal		2059	2119	2210	2152	2201	2255	2240	2259	-	-
Oxenholme Lake District	a	2104	2124	2225	2157	2206	2310	2245	2304	-	-
Lancaster	a	-	2218	-	-	2225	2355	2305	2355z	-	-
Preston	a	-	2237	-	-	2244	0035	2309	0035z	-	-
Manchester Oxford Road	a	-	-	-	-	2320	-	-	-	-	-
Manchester Piccadilly	a	-	-	-	-	2324	-	-	-	-	-
Manchester Airport	a	-	-	-	-	2341	-	-	-	-	-

## Sundays until 23 June

			Y	Z							
Windermere	d	1030	1055	1140	1223	1308	1358	1449	1606	1709	1800
Staveley		1040	1101	-	1229	-	1404	1455	1612	1715	1806
Burneside		1050	1106	-	1234	-	1409	1500	1617	1720	1811
Kendal		1100	1109	1152	1238	1320	1413	1504	1621	1724	1815
Oxenholme Lake District	a	1115	1114	1157	1243	1325	1418	1509	1626	1729	1820
Lancaster	a	-	-	1227	1329	1345	1437	1529	1645	1828	1842
Preston	a	-	-	1245	1347	1407	1456	1547	1706	1846	1901
Manchester Oxford Road	a	-	-	1321	1422	1457	-	1620	1758	1921	-
Manchester Piccadilly	a	-	-	1325	1426	1501	-	1624	1801	1925	-
Manchester Airport	a	-	-	1344	1443	1517	-	1643	1817	1945	-

## Sundays until 23 June

			Y	Z						
Windermere	d	1901	2006	2053	2138	2144	-	-	-	-
Staveley		1907	-	2059	-	2150	-	-	-	-
Burneside		1912	-	2104	-	2155	-	-	-	-
Kendal		1916	2018	2108	2150	2159	-	-	-	-
Oxenholme Lake District	a	1921	2023	2113	2155	2204	-	-	-	-
Lancaster	a	-	2128	2218	-	2234	-	-	-	-
Preston	a	1959	2147	2238	2237	2257	-	-	-	-
Manchester Oxford Road	a	2055	2220	-	-	-	-	-	-	-
Manchester Piccadilly	a	2059	2224	-	-	-	-	-	-	-
Manchester Airport	a	2117	2239	-	-	-	-	-	-	-

### Notes

b Connections Mondays to Fridays only.

S Until 15 June.

T 22 and 29 June.

Y Until 16 June.

Z 23 June only.

z Connecting time by bus.

SO Saturdays only.

SX Mondays to Fridays only.

Bus service - dogs, heavy luggage, prams, bicycles and wheelchairs may not be carried.

# Useful contact details



## Fares and service information

National Rail Enquiries  
visit [nationalrail.co.uk](http://nationalrail.co.uk)  
call **03457 48 49 50**  
textphone **0345 60 50 600**



## Customer helpline

For comments and enquiries  
visit [northernrailway.co.uk/comments](http://northernrailway.co.uk/comments)  
call **0800 200 6060**



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## Access or disabled information and assistance



call **0800 138 5560**  
email [assistance@northernrailway.co.uk](mailto:assistance@northernrailway.co.uk)



## Lost property

email [lostproperty@northernrailway.co.uk](mailto:lostproperty@northernrailway.co.uk)  
call **0800 200 6060**

## Correspondence

**Customer Experience Centre**  
Freepost NORTHERN RAILWAY



## British Transport Police

call **0800 40 50 40** text **61016**

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